

OVER THE COUNTER (OTC)

Reimbursements

The IRS ruled (01/01/2004) that over-the-counter items will be reimbursable through the flexible-spending program offered by your employer.

The following is a list of examples that will generally be reimbursed:

- Allergy medications (Claritin, Benadryl, etc.)
- Antacids (Tagament, Zantac, Pepcid AC, etc.)
- Antidiarrhea medicines (Imodium A-D, etc.)
- Arthritis pain products (BenGay, etc.)
- Cough, cold, flu products (Nyquil, Robitussin, PediaCare, etc.)
- Eye lubricants
- Hemorrhoidal suppositories and cream
- Laxatives
- Pain relievers (ibuprofen, acetaminophen, etc.)
- Psoriasis gels
- Sinus medication
- Sleep aids
- Smoking cessation products

(Remember the IRS defines reimbursable nonprescription drugs as medicines “to alleviate or treat personal injuries or sickness,” not items to “maintain the general health”)

Below is a list of examples that will not be reimbursed. As always, your employer will interpret what items are acceptable for reimbursement.

- Cosmetics such as face creams
- Dietary supplements (vitamins, slim fast, minerals, etc.)
- Herbal supplements
- Retin – A (acne treatment)
- Rogaine for hair growth
- Toiletries (toothpaste, mouthwash, shampoo, deodorant, etc.)

You are required to submit a receipt that clearly lists the following information for reimbursement:

Required:

Name of provider

Date of service

Name of over the counter item (receipt needs to clearly show what item is)

****Receipts that indicate the item is over the counter but not specific will not be reimbursed.**

To receive reimbursement, complete the Health Care Reimbursement Form found on www.ocbenefits.com and fax or mail to PBS directly. If you have any questions, please feel free to contact PBS at 1-800-732-3412.